

IDEAL PROTEIN

Name: _____ DATE: _____

PRODUCT	Box \$33.50	Each \$4.95	Amount	PRODUCT	Box \$33.50	Each \$4.95	Amount
Drinks				Snacks			
Vanilla Powder Drink Mix			\$ -	Trail Mix			\$ -
Berry Pomegranate Drink Mix			\$ -	Croutons *R \$14.00/box / ind \$2.50			\$ -
Chocolate Smoothie Drink			\$ -	Dill Pickle Zippers *R			\$ -
Cappuccino Smoothie Mix			\$ -	Jalapeno Cheddar Chips			\$ -
Peach Mango			\$ -	Soy Crisps- Barbecue * Temporarily Out of Stock			\$ -
Berry Breakfast Smoothie Mix			\$ -	Soy Crisps- Salt & Vinegar *Temporarily Out of Stock			\$ -
Peppermint Hot Cocoa Mix <i>*Very Limited Supply*</i>			\$ -	* NEW - Pizza Curls			\$ -
			\$ -	Chocolate Coated Soy Puffs			\$ -
Premade Shakes				Nacho Cheese Dorados			
Strawberry/Banana \$35.00 6 pack / ind \$5.95			\$ -	Ranch Dorados			\$ -
Vanilla \$35.00 6 pack / ind \$5.95			\$ -	Sweet Chili Dorados			\$ -
Chocolate \$35.00 6 pack / ind \$5.95			\$ -	Apple Cinnamon Puffs			\$ -
Cappuccino \$35.00 6 pack / ind \$5.95			\$ -	Wafers			
*NEW Caramel Coffee \$62.00 12 pack / ind \$5.95			\$ -	Lemon Wafers \$35.00/box - \$5.25/pkg			\$ -
Pudding				Orange Wafers \$35.00/box - \$5.25/pkg			
Chocolate Pudding \$35.00 6 pack			\$ -	Triple Chocolate Wafers \$35.00/box - \$5.25/pkg			\$ -
Dark Chocolate Pudding			\$ -	Strawberry Wafers \$35.00/box - \$5.25/pkg			\$ -
Vanilla Pudding			\$ -	Vanilla Wafers \$35.00/box - \$5.25/pkg			\$ -
Chocolatey Caramel Flavored Mug Cake			\$ -	Water Enhancer			
Bars				Lemon Water Enhancer (\$9.00)			
Peanut Butter Crunch Bar *R			\$ -	Exotic Fruit Water Enhancer (\$9.00)			\$ -
Mint Chocolate Crisp *R			\$ -	Raspberry Lemonade Water Enhancer (\$9.00)			\$ -
Cookie Dough Swirl Bar *R			\$ -	Black Cherry Water Enhancer (\$9.00)			\$ -
Caramel & Peanut Bar *R			\$ -	Tangerine Water Enhancer (\$9.00)			\$ -
Chocolate Almond Bar *R			\$ -	Dressings & Syrup & Sauce			
Salted Caramel Chocolate Clusters			\$ -	Classic Balsamic Dressing, 11.5 oz (\$7.00)			\$ -
NEW Raspberry Chocolate Clusters			\$ -	Honey & Dijon Dressing, 11.5 oz (\$7.00)			\$ -
Chocolatey Coconut Bar *R			\$ -	Maple Flavored Syrup NEW 16 oz bottle(\$11.00)			\$ -
Cranberry Pomegranate Bar *R			\$ -	Oriental Sesame Sauce, 11.5 oz (\$7.00)			\$ -
Double Chocolate Brownies *R			\$ -	Total products from column 2 0 0 \$0.00			
Chocolate Crispy Squares			\$ -	IP COMPLETE PRODUCT **PHASE 3 and 4 only** \$33.50 \$4.95 Amount			
Vanilla Crispy Squares			\$ -	Chocolate Drink Mix			\$ -
				TOTAL IP Complete Products from column 2 0 0			
Breakfast				TOTAL FOOD PRODUCT COST \$ -			
Crispy Cereal			\$ -	Supplements			
Apple Oatmeal			\$ -	QTY.	Before tax	Tax	Amount
Maple Oatmeal			\$ -	Multi-Vita (60 caps) (\$28 + tax) **Required	\$ -	\$ -	\$ -
NEW Blueberry Pancake Mix			\$ -	Multi-Vit+K (60 caps)(\$28 + tax) **Required	\$ -	\$ -	\$ -
Chocolate Chip Pancake			\$ -	Cal-Mag (120 caps) (\$24 + tax) ** Required	\$ -	\$ -	\$ -
Golden Pancake			\$ -	Cal-Mag (60 Chewables) (\$30 + tax)	\$ -	\$ -	\$ -
Blueberry Muffin Mix			\$ -	Potassium (\$13 + tax) **Required	\$ -	\$ -	\$ -
Cheese Omelet			\$ -	Omega Plus (\$39 + tax) **Required	\$ -	\$ -	\$ -
Pasta & Potatoes				Sea Salt (\$4.50)	\$ -	\$ -	\$ -
Plain Rotini			\$ -	Branched Chain Amino Acids (\$2.40) packet	\$ -	\$ -	\$ -
Cheese Sauce (1 packet can be 2 servings)			\$ -	Branched Chain Amino Acids (\$33.50) 14 / box	\$ -	\$ -	\$ -
Creamy Parmesan Mushroom Pasta			\$ -	TOTAL Supplements 0 \$ - \$ - \$ -			
Vegetable Bolognese Spaghetti			\$ -	Books/Other (taxable)			
Konjac Spaghetti			\$ -	QTY.	Before tax	Tax	Amount
Macaroni & Cheese			\$ -	My Ideal Recipes (\$25 + tax) **SALE**	\$ -	\$ -	\$ -
Mashed Potatoes Mix			\$ -	Janeva's Ideal Recipes (\$25 + tax) **SALE**	\$ -	\$ -	\$ -
Soups				Taste The Freedom (\$25 + tax) **SALE**	\$ -	\$ -	\$ -
Chicken Noodle Soup			\$ -	The Essential Ideal Cookbook (\$28 + tax)	\$ -	\$ -	\$ -
Chicken Chowder			\$ -	Shaker (\$6 + tax)	\$ -	\$ -	\$ -
Tomato & Basil Soup			\$ -	Water Bottle (\$6 + tax)	\$ -	\$ -	\$ -
French Onion Soup			\$ -	**NEW** Oil Dispenser (\$21.99 + tax)	\$ -	\$ -	\$ -
Mushroom Soup - 50 % OFF			\$ -	TOTAL Books/Other 0 \$ - \$ - \$ -			
Broccoli & Cheese Soup			\$ -	Meals			
Thai Pork Soup Mix			\$ -	Veggie Meatless Mix			
				Vegetable Chili *R ***			
Total Products from column 1 0 0 0							
Please EMAIL or FAX in 24hrs before your next visit or a \$5 fee will be applied.				Weekly Fee (waived due to COVID-19) \$0.00			
				ORDER TOTAL \$0.00			

Contact Information
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 Updated 7/1/2022

* R Restricted Foods
 * RR Restricted (One per week as restricted)
 ** RS Required Supplements
 *** no more than 3 total per week

