



## Welcome to Integrated Medical Weight Loss!

Thank you for trusting us to help you achieve your weight loss goals. Our goal is to provide you with the support and tools for healthy and permanent weight loss.

Since we share so much information with you at the time we schedule your appointment we would like to summarize some important information & policies:

- Your first appointment with Dr. Rocchio will be a Group visit (unless other arrangements were made) and will be processed through your insurance plan. Your co-pay is due at the time of the visit. If you have a deductible, we will send you a statement with the amount due after receiving the insurance EOB.
- Please complete our new patient paperwork packet and bring it with you to the first appointment. If you are unable to print it out from our website (Get Started page), we would be happy to mail or email it to you. \* If you are unable to fill this out, please arrive at least 15 minutes prior to your scheduled appointment. Also bring your insurance card & license to your first appt.
- If you have had recent lab work and EKG done and have copies of the results, it is helpful to include these with your paperwork.
- Many insurance plans require a referral. It is your responsibility to know if you need a referral and please request one from your primary care physician in time for your first appointment. If necessary, we are happy to help you obtain this.
- Our confirmation calls are automated. You will receive two confirmations for each appointment ~ a phone call one week prior, a text message 2 days prior. Let us know if you would prefer to receive them all by text, phone call or email.
- We require a 24 hour notice for all cancellations. If you do not show up for your appointment or cancel in less than 24 hours you will be charged as noted below:  
Dr. Rocchio visit: \$75.00      Nurse Practitioner visit: \$55.00
- If for any reason our office will be closed (weather, power outage, etc...) we will send out an email and post a notice on our Facebook page.

If you have any additional questions, please don't hesitate to call, **401-886-9669**. We can be reached during the following times:

Monday: 8:00 – 5:00

Tuesday: 8:00 – 6:30

Wednesday: 8:00 – 6:00

Thursday: 8:00 – 6:00

Friday: 8:00 – 5:00

We look forward to meeting you!

1050 Main Street, Suite 18 • East Greenwich, RI 02818  
[www.integratedmedicalweightloss.com](http://www.integratedmedicalweightloss.com)

## What happens at the Group Visit?

To prevent a long wait to get started with the practice, Dr. Rocchio's new patient appointments are done as a group visit. This group visit is held every other Tuesday at 4:00 PM and does require an appointment. At this time we will also schedule your first appointment with Patrice French, our nurse practitioner.

The process for the group visit is as follows: Between 4:00 - 4:30 PM, Dr. Rocchio will have a brief private weigh-in with each patient where she will ask a few questions. From approximately 4:30 - 5:30 PM you will meet in our conference room with up to 12 people and Dr. Rocchio will speak about her own struggle with weight and how she was inspired to help others. She will also share with you a wealth of information about the practice, and how we will help you reach your healthy weight goals.

Following Dr. Rocchio's group visit, you are welcome to stay for a free workshop to learn about the Ideal Protein Weight Loss Method, a structured weight loss plan we offer. Even if you decide this plan is not right for you, it is very informative and is worth attending if you have time. This runs from about 5:30-6:30 pm.

Please note that Dr. Rocchio's group visit is your first office visit and will be processed through your insurance company ~ your copay or deductible does apply to this visit.

When you are done for the evening, please stop to see Pam so she can make sure you have your first visit scheduled with our nurse practitioner. A complete health history will be taken at this appointment and Patrice will help determine your next step. After this appointment, you are welcome to schedule a visit with Dr. Rocchio. We want you to choose the provider who will best fit your needs.